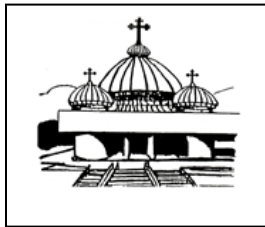


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St. Mary's Church Bulletin



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Parish Tel.675-8244

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Email: stmaryssudbury@yahoo.ca

<https://www.facebook.com/stmarysukrainiancatholicchurchsudbury>

Pastor: Fr. Petro (Peter) Bodnar

DIVINE LITURGY:

SUNDAY: 9:00 a.m. (Ukrainian) **SUNDAY** 10:30 a.m. (English)

SATURDAY : 4:00 pm (English)

Confession:

Baptisms & Marriages:

Visitations & Anointing of the Sick:

Before Divine Liturgies 9:00 am and 10:30 am on Sundays or anytime upon request.

By prior arrangement (at least 1 year before the marriage date), through the parish office.

Please notify the office if a member of your family is in need of a visit.

February 26, 2017 Cheese-fare Sunday

Epistle: **Romans 13:11-14:4** see explanation on page 368

Gospel: **Matthew 6:14-21** see explanation on page 19

Proper for the Divine Liturgy: tone 3 on page 337 and 613

Prayer Intentions (February 27 – March 5)

Monday – NO DIVINE LITURGY

Tuesday – NO DIVINE LITURGY

Wednesday – 4:30 pm Thanksgiving for Stefania Buba & Olga Dawydiak (Birthdays)– Fr. Peter

Thursday – 4:30 pm +Brian Simcoe – Fr. Peter

Friday - 4:30 pm Thanksgiving for Bruce Tait and family – Fr. Peter

5:00 pm Sorokousty

Saturday 4:00 pm +Harry Stupak - family

Sunday 9:00 a.m. For parishioners

10:30 a.m. +Koren Family – Louise Romanyshyn

MARCH 5 PLEASE BRING YOUR ICONS TO CHURCH: On the 1st Sunday of Lent, called the “**Sunday of Orthodoxy**” we celebrate “**The Triumph of the Veneration of Icons.**” There will be a special blessing of Icons. The Blessing prayer is on page 1139 in the blue book in the pews.

SOCIAL COMMITTEE MEETINGS- are held every first Tuesday of the month. All are welcome to attend. The next meeting will be on March 7, 2017 at 6 pm.

THE PRAYER OF ST. EPHREM - A PRAYER FOR LENT The Prayer of Saint Ephraim the Syrian is traditionally said many times throughout each day during Great Lent, in addition to our daily prayers.

O Lord and Master of my life, take from me the spirit of sloth, faintheartedness, lust of power, and idle talk. (+)

But give rather the spirit of chastity, humility, patience and love to your servant. (+)

Yes, O Lord and King, grant me to see my own sin and not to judge my brother, for You are blessed from all ages to all ages. Amen. (+)

O Lord and Master of my life, take from me the spirit of sloth, faintheartedness, lust of power, and idle talk. But give rather the spirit of chastity, humility, patience and love to your servant. Yes, O Lord and King, grant me to see my own sin and not to judge my brother, for You are blessed from all ages to all ages.

O God, be merciful to me, a sinner.

O God, cleanse me of my sins and have mercy on me.

I have sinned without number, forgive me, O Lord! (12 small bows)

(The “(+)“ indicates that those praying make a deep bow or prostration at this point.)

“Store up treasures in heaven.” (Matthew 6:20) Earthly treasures—we all know what those are. We can see and touch the shiny sports car, the elegant evening dress, the big new home, and all the other creature comforts that money can buy. Compared to vague and elusive heavenly treasures, these things seem so real and attractive, especially when a neighbor has them.

Why would Jesus warn us about these earthly treasures that seem to make so many people happy? The answer to this may be summed up in two words: “temporary” and “shortsighted.” We are destined for eternity, but the treasures of the world are not. It’s shortsighted to set our hearts on things that will fade away. What will last forever, Jesus says, is the treasure of heaven. This treasure really is worth seeking, because it’s the only one that will truly satisfy and will last forever.

The heavenly treasure Jesus promises has two aspects. First, there are the rewards waiting for us at the end of time. At the last judgment, we will each receive our recompense for every act of love and obedience to Christ—every cup of water for the thirsty, every sinful thought brought captive to Christ, every moment submitted to his will. Jesus has prepared a place for us in the beautiful new Jerusalem, where there is no darkness, sickness, or pain. He will reign there as Lord, and we will see him face-to-face!

The second aspect of heavenly treasure is what we can experience here and now. For those who submit to Christ, life on earth is filled with glimpses of heaven: freedom from guilt. Power over persistent sin. A dynamic, personal relationship with the Creator of the universe. Clarity and purpose for living. Deep friendships with brothers and sisters in the Lord. Conviction of the truth and clarity about right and wrong. The ability to forgive. Strength in weakness. Peace in times of trial. Joy in the knowledge of salvation. Hope for the future. Divine wisdom for everyday situations. Healing and miracles. When you stop to think about it, no luxury car or mansion can possibly compare!

“Jesus, thank you for so extravagantly lavishing on me the good gifts of your kingdom.”

TAI CHI EXERCISES: Exercises for beginners will begin Wednesday, January 11th, 2017, from 10:15 to 11:30 and they will continue for ten consecutive weeks. These exercises are being sponsored by the Parkinson Support Group of Sudbury and St. Mary’s Senior’s. Everyone is welcome from seniors to youth. Come join us!

EASTER FLOWERS DONATIONS: Donations for St. Mary’s Easter Flowers may be made, “In Memory,” of your loved deceased family members by using a blue Special Donation envelope. The names will be published, **“In Memory in St Mary’s Easter Bulletin.”** Please indicate “Easter Flowers” on the envelope.

THE GREAT LENT – will begin this year on Monday, February 27, 2017.

MARCH FOOD WORKSHOP: Help is needed to make varenyky in March 3, 17, 31 at 9:00a.m. Everyone is welcome! Hot and delicious lunch will be provided.

ПОЖЕРТВИ НА ЦВІТИ ДО БОЖОГО ГРОБУ – запрошуємо парафіян пожертвувати на квіти до Божого Гробу. Можна це зробити в пам'ять тих що відійшли у вічність. Список жертводавців буде поданий у Великодньому віснику. Просимо вживати сині конвертки на ту ціль і підписати на Цвіти до Божого Гробу Щиро Дякуємо за вашу щедрість!

Молитва св. Єфрема

Господи і Владико життя мого! Духа лінивства, недбайливости, властолюб'я і пустомбства віджени від мене. *(Доземний поклін).*

Духа чистоти, покори, терпелювості й любови даруй мені, слугі твого. *(Доземний поклін).*

Так, Господи, Царю! Дай мені бачити гріхи мої і не осуджувати брата мого, бо ти благословенний на віки вічні. Амінь. *(Доземний поклін).*

Господи і Владико життя мого! Духа лінивства, недбайливости, властолюб'я і пустомбства віджени від мене. Духа чистоти, покори, терпелювості й любови даруй мені, слугі твого. Так, Господи, Царю! Дай мені бачити гріхи мої і не осуджувати брата мого, бо ти благословенний на віки вічні. Амінь.

Боже, милостивий будь мені грішному! Боже, очисти гріхи мої і помилуй мене! Без числа нагрішив я, Господи, прости мені! *(12 малих поклонів).*

БЕРЕЗЕНЬ- ВАРЕНИКИ – Запрошуємо всіх допомогти робити вареники у п'ятниці 3, 17, 31 березня о год 9:00 ранку.

Молитва на неділю сиропусну

Господи Ісусе Христе, Боже наш, уповання всіх кінців землі і тих, що на морі далеко, Ти звістив через закон і пророків ці посні дні, показуючи нам образ покаяння і умертвлення пристрастей, Ти сам узаконив і освятив піст, з'явившись на землі, коли прийшла повнота часів, постивши сорок днів і сорок ночей. Тож як щедрий і милостивий, благозволь усім нам у досконалому покаянні, у смиренні нелицемірному, в молитвах усердних, у голоді і спразі, у частому коліноприклоненні та зі серцем сокрушеним святі дні ці розпочати і безгрішно в чистій совісті час їх звершити, віру неподільну зберегти і переможцями гріха явитися. Ангела миру постав для життя нашого, щоб оберігати входи і виходи наші неушкодженими і непоборими перед усіма ворожими намірами і підступами, наставляючи нас на діяння чеснот і укріплюючи силою своєю на подвиги посту, на стриманість від пристастей і на очищення душ і тіл, щоб сподобилися ми неосудно причаститися пречистого Твого Тіла і чесної і животворящої Твоїєї Крови. Бо Ти єси Бог милости і щедрот, і чоловіколюб'я, і хочеш, щоб усі спаслися, і Тобі славу возсилаємо з безначальним Твоїм Отцем, і з Пресвятим, благим і животворящим Твоїм Духом, нині і повсякчас, і на віки віків.



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