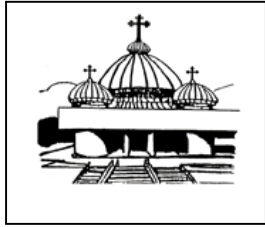
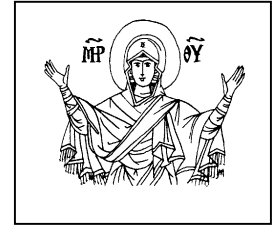


В і с т і У к р а ї н с ь к о ї К а т о л и ц ь к о ї П а р о х і ї С в я т о ї П о к р о в и
St. Mary's Church Bulletin



40 Notre Dame Ave., Sudbury On, P3C 5K2
Parish Tel.675-8244 www.saintmarysudbury.com
Email: stmaryssudbury@yahoo.ca



Pastor: Fr. **Petro (Peter) Bodnar**

DIVINE LITURGY:

SUNDAY: 9:30 a.m. (Ukrainian) **SUNDAY** 11:00 a.m. (English)
SATURDAY : 4 pm (English) Great Vesper 6:30 p.m. (English)

Confession:

Baptisms & Marriages:

Visitations & Anointing of the Sick:

Before Divine Liturgies 9:30 am and 11:00 am on Sundays or anytime upon request.

By prior arrangement (at least 1 year before the marriage date), through the parish office.

Please notify the office if a member of your family is in need of a visit.

March 1, 2015 1-st Sunday of Lent / Неділя Православ'я

Epistle: Hebrews 11:24 - 26 see explanation on page 532

Gospel: John 1:43-51 see explanation on page 214

Propers for the Divine Liturgy: 618

Prayer Intentions : March 1 – March 8

Monday	9:30 a.m.	No Divine Liturgy
Tuesday	9:30 a.m.	+Mike Jakowyna (anniv) – Family
	6:00 pm	40 th day +Pawlo Sywanicz – Fr. Petro & Renata Bodnar
Wednesday	9:30 a.m.	+ Harry Stupak - family
Thursday	9:30 a.m.	Divine Liturgy – For the Souls in Purgatory
Friday	9:30 a.m.	No Divine Liturgy
Saturday	10:30 am	All Souls Saturday - Sorokousty
	4:00 p.m.	Divine Liturgy
Sunday	9:30 am	Divine Liturgy
	11:00 am	+Stefan Szewczyk – Michael, Elaine, David Gaba

Intimacy, Solidarity

They devoted themselves to the apostles' teaching and fellowship, to the breaking of bread and the prayers. Acts 2:42

To pray for one another is, first of all, to acknowledge, in the presence of God, that we belong to each other as children of the same God. Without this acknowledgment of human solidarity, what we do for one another does not flow from who we truly are. We are brothers and sisters, not competitors or rivals. We are children of one God, not partisans of different gods.

To pray, that is, to listen to the voice of the One who calls us the "beloved," is to learn that that voice excludes no one. Where I dwell, God dwells with me, and where God dwells with me, I find all my sisters and brothers. And so intimacy with God and solidarity with all people are two aspects of dwelling in the present moment that can never be separated. (HJMN)

Help me, Lord, to cut free of my worldly compulsions so that I may listen to your Spirit of love.

EASTER FLOWERS DONATIONS: Donations for St. Mary's Easter Flowers may be made, "In Memory," of your loved deceased family members by using a blue Special Donation envelope. The names will be published, "**In Memory in St Mary's Easter Bulletin.**" Please indicate "Easter Flowers" on the envelope.

LENTEN RETREAT March 14 and 15, 2015 - This year our Lenten Retreat - Mission will be given by Rev. Dr. Roman Rytsar on Saturday, March 14 and Sunday March 15, 2014. All are welcome! This will be also a special time for a confession and spiritual renewal.

PRAYER FOR UKRAINE

O Lord of Heaven and Earth! You sent your Only Begotten Son, Jesus Christ, to bring peace and harmony to your people on earth. Hear our prayer, we beseech You, for the gift of peace for our brothers and sisters in Ukraine who struggle to make their voices heard for a better political, economic and social future. Help them stop the violence and blood shed as they struggle for their democratic rights in peace and Christian charity. **God of our Ancestors!** Protect your Holy Church in our ancestral land. After many years of underground existence and secular control, grant that the Church leaders may continue to profess their faith publically, standing with the people in prayer on the streets and squares of the nation. Help your Church proclaim to all that indeed: "God is with us!" **Heavenly King!** Pour forth your gift of holy wisdom upon the people of Ukraine so that after many years of subjugation by outside powers, they can continue their journey down the road to self-determination, guided by honest political leaders. Together may they build the just society that our people long for. By your grace, and through the intercession of the Holy Mother of God and all the saints of Ukraine, may the people of Ukraine find pride and joy in their nation so that they may give You unending praise: Father, Son and Holy Spirit, now and forever and ever. AMEN!

PARISH YARD SALE -Donations of new and gently used items for the St. Mary's Spring Yard Sale may be brought to the parish office Monday-Friday, 9:00 am to 1:00 pm.

CHURCH CARPET & LIGHTING RENOVATIONS: St Mary's Church interior will be undergoing much needed renovations with the installation of new carpets to replace the carpeting, and also to upgrade some of the lighting which no longer has replacement parts. We invite you to please support this necessary project by making your donations in a blue "*Special Donation Envelope,*" marked "**UNDER THE DOME RENO**" Thank you for your donations given from your heart. "May God bless you abundantly for your generosity in supporting our church!"

HOW TO VENERATE THE ICON ON THE TETRAPOD ICON: When approaching Holy Communion and the little table called the "Tetrapod Table," if you desire to venerate the Icon, first making the "Sign of the Cross" and then "place your lips on the Icon" or we make a small bowl in front of it. However, we do not touch the icon with your fingers or hands. The hands are used to make the Sign of the Cross and the lips are used to venerate.

THE PRAYER OF ST. EPHREM - A PRAYER FOR LENT The Prayer of Saint Ephraim the Syrian is traditionally said many times throughout each day during Great Lent, in addition to our daily prayers.

O Lord and Master of my life, take from me the spirit of sloth, faintheartedness, lust of power, and idle talk. (+)
But give rather the spirit of chastity, humility, patience and love to your servant. (+)
Yes, O Lord and King, grant me to see my own sin and not to judge my brother, for You are blessed from all ages to all ages. Amen. (+)
O Lord and Master of my life, take from me the spirit of sloth, faintheartedness, lust of power, and idle talk. But give rather the spirit of chastity, humility, patience and love to your servant. Yes, O Lord and King, grant me to see my own sin and not to judge my brother, for You are blessed from all ages to all ages.
O God, be merciful to me, a sinner.
O God, cleanse me of my sins and have mercy on me.
I have sinned without number, forgive me, O Lord! (12 small bows)
(The "(+)" indicates that those praying make a deep bow or prostration at this point.)

МОЛИТВА ЗА УКРАЇНУ

Владико Неба і Землі! Ти послав свого Єдинородного Сина, Ісуса Христа, принести мир і гармонію у наш світ. Молимося Тобі вислухай нашу молитву, за ласку миру для наших братів і сестер в Україні, які борються, щоб

їхній голос був почутий за краще політичне, економічне і суспільне майбутнє. У мирі та християнській любові, допоможи зупинити насильство і кровопролиття у їхній боротьбі за свої демократичні права.

Боже Батьків Наших! Просимо, захисти свою Святу Церкву на нашій батьківщині. Після багатьох років підпільного існування і державного контролю Церкви, даруй, щоб духовенство могло продовжувати публічно визнавати Христову віру, стоячи з людьми в молитві на вулицях і площах країни. Допоможи своїй Церкві проголошувати усім, що насправді: "З нами Бог."

Царю Небесний! Вилий на свій народ, дар святої Твоєї премудрості, щоб після багатьох років поневолення з боку інших сил, вони могли продовжити свою подорож по дорозі самореалізації, під проводом чесних політиків, щоб разом побудувати в Україні справедливе суспільство, яке так довго очікує наш народ.

З Твоєї ласки, та за заступництвом Пресвятої Богородиці і всіх святих української землі, допоможи народу України відчувати гордість і радість за свою націю, щоб достойно віддати Тобі славу: Отцю, і Сину, і Святому Духові, нині і повсякчас, і на віки вічні. Амінь!

The Great 40 day Fast - Sorokousty

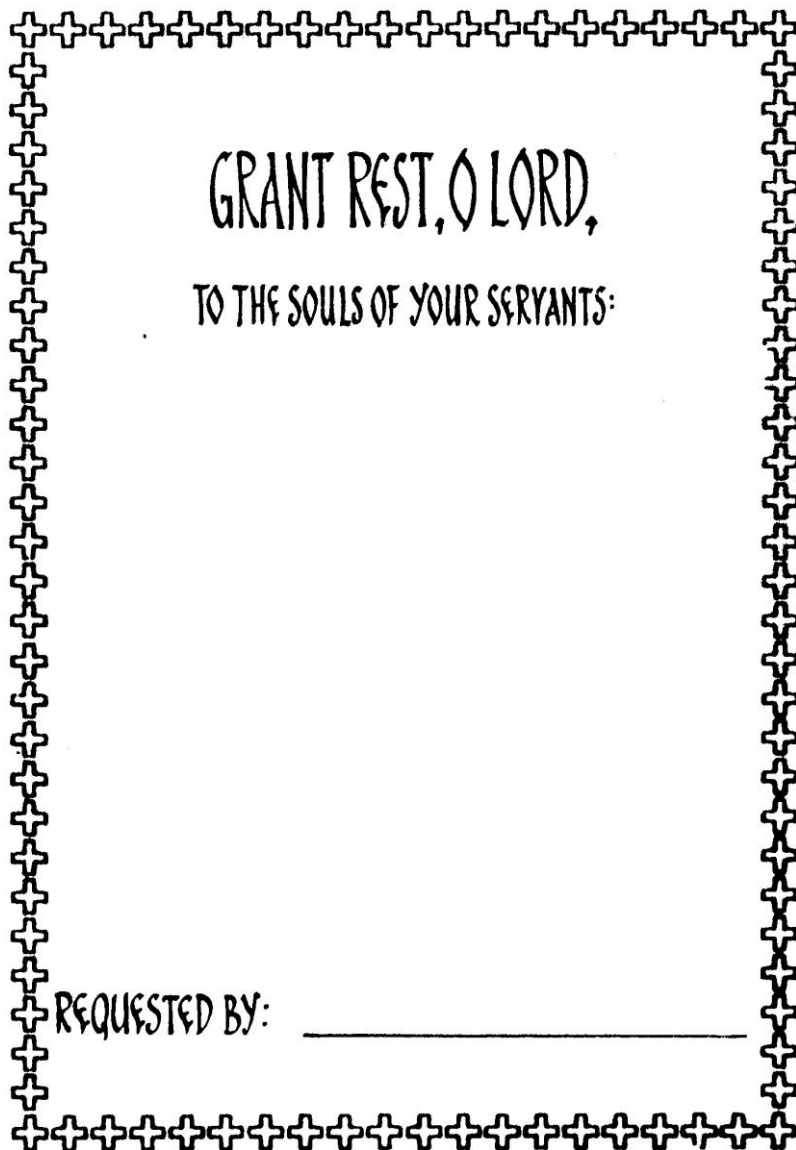
Lent is not only a time for fasting and penance, but also a time for praying for the departed souls.

The ancient practice of praying for those who have departed from us is based on the Dogma of the "Communion of Saints". The Communion of Saints is a mystical union of the Baptized Faithful here on earth, v the blessed & saints in heaven and the suffering souls in purgatory all joined together in the bond of Love of God and Love of neighbor. The Holy Church teaches that the blessed in heaven can and do help those on earth and purgatory by interceding for them before God, while those in purgatory can pray for us, but cannot help themselves. However, we on earth can assist them by our prayers, good works, and above all by the sacrifice of the Divine Liturgy.

One special way we can do this during Great Lent is through the service of the ' Sorokousty. The word "Sorokoust" literally means: "forty mouths" (sorok- forty; ust-mouth), ie., a prayer offered by 40 mouths or by forty priests. To honour the deceased members of their families worthily, the custom developed of holding services for them in the great cathedral churches on the 3rd, 9th, and 40th day and Anniversary after their death, with forty priests participating in the celebration.

During the Sorokousty service the "diptychs", the little black booklets containing the necrology (list of names of the deceased family members) are read and included in our prayers. The use of the Diptychs are mentioned in the writings of St.

Cyprian (third century) and by St. John Chrysotom (fourth century). Today, this Sorokousty service is typically celebrated once a week during the 6 weeks of the great fast either in the context of a divine liturgy or , a special parastas memorial service. The families who wish to have their deceased family & relatives commemorated would write their names on the provided piece of paper and place it with a small donation. All of the accumulated names would then be read either aloud or in a soft voice during the weekly service.



Молитва св. Єфрема

Господи і Владико життя мого! Духа лінивства, недбайливости, властолюб'я і пустомбвства віджени від мене. (Доземний поклін).

Духа чистоти, покори, терпеливості й любови даруй мені, слугі твоєму. (Доземний поклін).

Так, Господи, Царю! Дай мені бачити гріхи мої і не осуджувати брата мого, бо ти благословенний на віки вічні. Амінь. (Доземний поклін).

Господи і Владико життя мого! Духа лінивства, недбайливости, властолюб'я і пустомбвства віджени від мене. Духа чистоти, покори, терпеливості й любови даруй мені, слугі твоєму. Так, Господи, Царю! Дай мені бачити гріхи мої і не осуджувати брата мого, бо ти благословенний на віки вічні. Амінь.

Боже, милостивий будь мені грішному! Боже, очисти гріхи мої і помилуй мене! Без числа нагрішив я, Господи, прости мені! (12 малих поклонів).

ПОЖЕРТВИ НА ЦВІТИ ДО БОЖОГО ГРОБУ – запрошуємо парафіян пожертвувати на квіти до Божого Гробу. Можна це зробити в пам'ять тих що відійшли у вічність. Список жертводавців буде поданий у Великодньому віснику. Просимо вживати сині конвертки на ту ціль і підписати на Цвіти до Божого Гробу. Щиро Дякуємо за вашу щедрість!

Великопосні Реколекції – цього року духовні реколекції проведе о. Др. Роман Лицар в суботу 14 і неділю 15 березня 2015 року. Порядок реколекції буде поданий пізніше.

СОРОКОУСТИ – це Служба в час Великого посту, підчас якої читають поминальні молитви за всіх померлих. Ми просимо наших парафіян звернутися до нас, якщо ви хочете щоб ми молилися за ваших померлих рідних. Будемо вдячні за ваші дотації на Сорокоусти



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