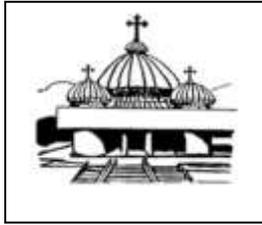


**Вісті Української Католицької Парохії Святої Покрови**

**St. Mary's Church Bulletin**



40 Notre Dame Ave., Sudbury On, P3C 5K2  
Parish Tel.675-8244 [www.saintmarysudbury.com](http://www.saintmarysudbury.com)  
Email: [stmaryssudbury@yahoo.ca](mailto:stmaryssudbury@yahoo.ca)



Pastor: Fr. **Petro (Peter) Bodnar**

**DIVINE LITURGY:**

**SUNDAY:** 9:30 a.m. (Ukrainian)

**SATURDAY : 4 pm SUNDAY 11:00 a.m.** (English)

**Confession:** Every first Sunday of the month at 3:30 pm on Saturdays, 9:00 am and 10:30 am on Sundays or anytime upon request.  
**Baptisms & Marriages:** By prior arrangement (at least 1 year before the marriage date), through the parish office.  
**Visitations & Anointing of the Sick:** Please notify the office if a member of your family is in need of a visit.

**March 9, 2014**

**1-st Sunday of Lent**

**Неділя Православ'я**

**Перше і друге знайдення чесної  
голови св. славного прор., Предтечі і  
Хрестителя Господнього Йоана**

Epistle: **Hebrews 11:24 - 26** see explanation on page 532

Gospel: **John 1:43-51** see explanation on page 214

Propers for the Divine Liturgy: tone 3 – 337 & 614

**Prayer Intentions**

**Monday –** No Divine Liturgy  
**Tuesday -** No Divine Liturgy  
**Wednesday-** No Divine Liturgy  
**Thursday -** No Divine Liturgy  
**Friday -** 6:00 pm Sorokousty  
**Saturday** 4:00 pm +John Tkach – Maria Tkach  
**Sunday** 11:00 +Jerry Slobodian – wife Lucie Slobodian

***PRAYER FOR UKRAINE***

O Lord of Heaven and Earth! You sent your Only Begotten Son, Jesus Christ, to bring peace and harmony to your people on earth. Hear our prayer, we beseech You, for the gift of peace for our brothers and sisters in Ukraine who struggle to make their voices heard for a better political, economic and social future. Help them stop the violence and blood shed as they struggle for their democratic rights in peace and Christian charity. **God of our Ancestors!** Protect your Holy Church in our ancestral land. After many years of underground existence and secular control, grant that the Church leaders may continue to profess their faith publically, standing with the people in prayer on the streets

and squares of the nation. Help your Church proclaim to all that indeed: “God is with us!” **Heavenly King!** Pour forth your gift of holy wisdom upon the people of Ukraine so that after many years of subjugation by outside powers, they can continue their journey down the road to self-determination, guided by honest political leaders. Together may they build the just society that our people long for. By your grace, and through the intercession of the Holy Mother of God and all the saints of Ukraine, may the people of Ukraine find pride and joy in their nation so that they may give You unending praise: Father, Son and Holy Spirit, now and forever and ever. AMEN!

## **Love, Where Will You Take Me for St. Valentine's? To Pope Francis**

### **Question 3: The style of the celebration of Matrimony**

*Holiness, in these months we are engaged in so many preparations for our wedding. Can you give us some advice to celebrate our marriage well?*

Make it be a real celebration – because marriage is a celebration – a Christian celebration, not a worldly celebration. The most profound motive for joy on that day is indicated in John’s Gospel: do you remember the miracle at the wedding of Cana? At a certain point they ran out of wine and the celebration seemed ruined. Imagine ending the feast by drinking tea! No, it’s not on! Without wine, there is no celebration! On Mary’s suggestion, in that moment Jesus reveals himself for the first time and gives a sign: he transforms the water into wine and, by so doing, saves the wedding celebration. What happened at Cana two thousand years ago happens, in fact, in every nuptial celebration: what will make your marriage full and profoundly true will be the presence of the Lord, who reveals himself and gives his grace. It’s his presence that offers the “good wine,” he is the secret of full joy, what truly warms the heart. It’s Jesus’ presence in that celebration. May it be a beautiful celebration, but with Jesus! Not with the spirit of the world, no! This is felt, when the Lord is there.

At the same time, however, it’s good that your marriage [day] be sensible and that it highlight what is truly important. Some are more concerned with external signs, the banquet, photographs, clothes and flowers. They are important things in a celebration, but only if they are able to indicate the true motive of your joy: the Lord’s blessing on your love. Make the external signs of your celebration, as the wine at Cana, reveal the Lord’s presence and remind you and everyone of the origin and reason for your joy.

But there’s something you said that I would like to seize, because I don’t want to let it pass. Matrimony is also a work of every day; I could say a craftwork, a goldsmith’s work, because the husband has the task to make his wife more woman and the wife has the task to make her husband more man. To grow also in humanity, as man and as woman. And this is done between you. It is called growing together. This doesn’t come from the air! The Lord blesses it, but it comes from your hands, from your attitudes, from your way of living, from your way of loving one another. Make yourselves grow! Always act so that the other grows. Work for this. And so, I don’t know, I think of you who one day will go on a street of your country and the people will say: “But look at her, what a beautiful woman, how strong she is! ...” “With such a husband, one can understand it!” And also to you: “Look how he is! “With the wife he has, one can understand it! It’s this, to arrive at this: to make each other grow together. And the children will have this legacy of having had a father and a mother that grew together, each one making the other more a man and more a woman!

**EASTER FLOWERS DONATIONS:** Donations for St. Mary’s Easter Flowers may be made, “In Memory,” of your loved deceased family members by using a blue Special Donation envelope. The names will be published, “**In Memory in St Mary’s Easter Bulletin.**” Please indicate “Easter Flowers” on the envelope.

**HOW TO VENERATE THE ICON ON THE TETRAPOD ICON:** When approaching Holy Communion and the little table called the “Tetrapod Table,” if you desire to venerate the Icon, first making the ‘Sign of the Cross’ and then “place your lips on the Icon.” The icon on the Tetrapod Table is not something we bless ourselves with. Therefore, please try not touch the icon with your hands, as you are not blessing yourself with the icon. Rather you are giving your love and honoring the person depicted in the icon by placing your lips on, or gently kissing the icon.

i.e. If the Icon is of the “Mother of God,” we would make the Sign of the Cross and touch our lips to the Icon. Watch the priest closely when Father venerates the icon, as the priest makes the Sign of the Cross and then places his lips on the icon. The priest does not touch the icon with his hands. Similarly we see how to venerate during the Little Entrance when the Gospel is venerated. The hands are used to make the Sign of the Cross and the lips are used to venerate.



**SATURDAY, APRIL 5 & 12 – PYSANKY WORKSHOPS** – Instructors Roma Shewciw and Marilyn Onucky-Vergega will lead workshops to pass on our traditional ancient art of wax resist egg decorating “pysanky”. These workshops are very popular and there is usually a capacity crowd on hand. If you or someone you know is interested in learning this ancient art, please see Lorraine. The cost is \$20 per person. This fee includes all supplies and each participant takes home their own hand decorated egg.

**THE GIFT OF FASTING:** We have entered the course of the Great Fast, a period of preparation for our Lord’s Pascha. This wonderful and glorious time of preparation is offered by the Church for the up-building and edification of all faithful. Yet, so often we look upon this time with disdain and chagrin. We are extremely reluctant in our present day and age to allow anyone else to determine what we are to do in our daily lives — and yet this is exactly what the church offers for us during the Great Fast. Throughout the course of this blog, we have examined that the very nature of living a life of Christian Stewardship is something that is all encompassing. This week, we will take some time to consider how we may become good Stewards of the spiritual Gift of Fasting.

Prior to doing this, it is important to review the meaning of this oft misunderstood word. “Fasting” in its proper sense, is the abstinence from food—a detachment of the self from earthly realities and goods. Yet, St. Basil the Great reminds us, “fasting is not just the abstaining from food only; it is first of all, abstaining from sin” (On Fasting, Homily I). Fasting is prescribed as an ascetical effort helping us to deny our own will and unite our will to God. It is for this reason that St. Basil reminds us, “Be of good cheer, for the physician has given you medicine that destroys sin” (Homily I). Just as chemotherapy destroys cancerous cells— so proper fasting destroys the cancer of sin in the hearts of us all.

The benefits of fasting are innumerable. Just as a heavily laden eighteen-wheeled truck takes longer to slow down and is less maneuverable than a sports car, so too are our wills when our stomachs are weighed down with heavy and fatty food. It is so much harder to resist temptation when we are not fasting. And in today’s “modern” and “scientific” age, we are discovering that there are increasingly more health risks with heavy consumption of meat and dairy. That doesn’t mean that we should never eat meat—there is a time for feasting as well. However, the common understanding of “absence makes the heart grow fonder” holds true in this case. Think of the joyous and festal celebration accompanying that first agape meal on Pascha! So, how do we become good Stewards of the Fast?

The Gift of Fasting should first be thought of as exactly that: a GIFT! Our Lord has prescribed this wonderfully potent spiritual medicine so that we might unite our will to His will—thus participating in the energies of God. In fact, He demonstrated its potency with His perfect fast in the wilderness! St. Basil reminds us that this gift enables other spiritual gifts: “Fasting gives birth to prophets and strengthens the powerful; fasting makes lawgivers wise. Fasting is a good safeguard for the soul, a steadfast companion for the body, a weapon for the valiant, and a gymnasium for athletes. Fasting repels temptations, anoints unto piety; it is the comrade of watchfulness and the artificer of chastity. In war it fights bravely, in peace it teaches stillness...” (On Fasting, Homily I).

The words of the serpent, which proved so perilous to Adam, transformed through deception the understanding that Fasting that this gift enables other spiritual gifts:

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The words of the serpent, which proved so perilous to Adam, transformed through deception the understanding that Fasting, is truly the Gift of God. Because of this suggestion, Adam chose to perceive the command of not eating as a burden. So it is with us all. We constantly view the Fast as a burden imposed by uncaring monastics. We need to be reminded that fasting itself comes from God—to strengthen us. To break this idea of fasting as burden (and become good Stewards of this Gift), we should consider our priorities. Do we value the pleasure of our stomachs more than the care of our soul? One is eternal—the other is not. “For satiety brings delight to the stomach, whereas fasting brings profit to the soul” (On Fasting, Homily I).

Once our perspective Changes from burden to Gift of God, how do we care for this potent gift? First of all, as our Lord reminds us: “And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward” (Matthew 6:16). We shouldn’t let others know of our fast and look dismal (or disfigure our faces). The face is disfigured when our inner disposition is hidden by a false external appearance—just like an actor on the big screen. We should not seek to change our appearance to make us seem holier than we are. We should come to God (and one another) honestly. We should approach and endure the Fast with joy.

Orthodox fasting is accompanied by continuous repentance. It becomes a daily washing of the soul which finds its fulfillment in the celebration of the Holy Mysteries of Repentance and the Eucharist. Joyful fasting permeates our prayer life—strengthening it and lifting us up so that the Holy Spirit within us may speak to God. Joyful fasting destroys the shame of our sinfulness—allowing us, like the Prodigal, to come to our senses and return home to God. Joyful fasting softens our hearts so that they may be made more pliable in God’s loving and compassionate hands. Joyful fasting inspires compassion and love of neighbor. Joyful fasting helps to unite us to God in preparing a place for His Son within each of us.

The Joyful Fast is not solely defined in terms of abstinence from foods, for it is also the removal of vices and sin. The Joyful FASTER forgives his neighbor—and releases all grudges. The Joyful FASTER does not insult—nor does he harbor anger in his heart. Rather, the Joyful FASTER becomes the calm haven of Christ, permeated with His Peace. As we endeavor to complete this second week of the Great Fast, may our Lord, who brings us to this season for our own salvation, grant us the strength and endurance to complete the course of this Gift of the Fast as Good Stewards, enabling us to receive this spiritual medicine with great joy while we struggle to unite our will to His Will! Father Christopher Rocknagel (The Path of Orthodoxy).

**NEW TO ST. MARY’S? DO I PARTICIPATE IN “SOROKOUSTY” PRAYERS IF MY FAMILY NEVER WENT TO ST MARY’S?**

Yes, if your deceased loved ones never went to St. Mary’s you are warmly welcome to ask for “*Sorokousty*” prayers. In our Byzantine tradition, during Lent, we have a special prayer service called “*Sorokousty*.” Each week the names of deceased loved ones, are read out aloud during the Sorokousty Prayers. Please contact the Office, or use the “Special Offering Envelope,” marked “*Sorokousty*,” and include a printed list of names, or additional members for your “Family Page” of loved deceased in “St. Mary’s Memorial Book.”

**Parish Lenten Retreat -** This year our Lenten Retreat - Mission will be given by Rev. Dr. Roman Rytsar on Saturday, April 13 and Sunday April 14, 2014.

**SCHEDULE OF SERVICES –EASTER 2014**

APRIL 12	Lazarus Saturday	Lenten Mission in English Part 1, Confession	4:00 p.m.
APRIL 13	<b>PALM SUNDAY,</b>	Lenten Mission in English, Part 2, Confession	11:00 a.m.
APRIL 16	<b>PASSION WEDNESDAY</b>	Akathist to Christ’s Passion, Anointing of the Sick	6:00 pm
APRIL 17	<b>HOLY THURSDAY</b>	Matins & Reading 12 Passion Gospels	7:00 p.m.
APRIL 18	<b>GOOD FRIDAY</b>	Procession & Placing of the Shroud in English	3:00 p.m.
APRIL 19	<b>HOLY SATURDAY</b>	Blessing of Easter Baskets	2:00 p.m.
		Veneration of Jesus’ Shroud - Confession	3:00 p.m.
		Graveside Service	8:30 p.m.
APRIL 20	<b>EASTER SUNDAY – THE RESURRECTION</b>	Divine Liturgy	8:00 a.m.
		Divine Liturgy in English & Myrovannia	10:00 a.m.
APRIL 27	<b>SUNDAY OF ST. THOMAS</b>	Bilingual Divine Liturgy & Myrovannia	10: 30 a.m.
		Parish Easter Lunch.	12:00 Noon

Владико Неба і Землі! Ти послав свого Єдинородного Сина, Ісуса Христа, принести мир і гармонію у наш світ. Молимося Тобі вислухай нашу молитву, за ласку миру для наших братів і сестер в Україні, які борються, щоб їхній голос був почутий за краще політичне, економічне і суспільне майбутнє. У мирі та християнській любові, допоможи зупинити насильство і кровопролиття у їхній боротьбі за свої демократичні права.

Боже Батьків наших! Просимо, захисти свою Святу Церкву на нашій батьківщині. Після багатьох років підпільного існування і державного контролю Церкви, даруй, щоб духовенство могло продовжувати публічно визнавати Христову віру, стоячи з людьми в молитві на вулицях і площах країни. Допоможи своїй Церкві проголошувати усім, що насправді: "З нами Бог."

Царю Небесний! Вилий на свій народ, дар святої Твоєї премудрості, щоб після багатьох років поневолення з боку інших сил, вони могли продовжити свою подорож по дорозі самореалізації, під проводом чесних політиків, щоб разом побудувати в Україні справедливе суспільство, яке так довго очікує наш народ.

З Твоєї ласки, та за заступництвом Пресвятої Богородиці і всіх святих української землі, допоможи народу України відчувати гордість і радість за свою націю, щоб достойно віддати Тобі славу: Отцю, і Сину, і Святому Духові, нині і повсякчас, і на віки вічні. Амінь!

## **ПОРЯДОК БОГОСЛУЖЕНЬ ПАСХА 2014**

12 квітня	Духовні Реколекції в Українській мові, перша частина. Нагода до св. Сповіді	9:30 рано
<b>КВІТНА НЕДІЛЯ</b> - Духовні Реколекції в Українській мові, друга частина. Нагода до св. Сповіді		<b>9:30 рано</b>
16 квітня	<b>ВЕЛИКА СЕРЕДА</b> Акафист до Страстей і Єлеопомазання	<b>6:00 веч.</b>
17 квітня	<b>ВЕЛИКИЙ ЧЕТВЕР</b> Утрення і читання євангелій Страстей	<b>7:00 веч.</b>
18 квітня	<b>ВЕЛИКА П'ЯТНИЦЯ</b> Вечірня з Плащаницею в Українській мові, без процесії	<b>4:00 п.п.</b>
19 квітня	<b>ВЕЛИКА СУБОТА</b> Благословення Пасок (в церковній залі) Чування при Божому Гробі - Сповідь Надгробне	<b>2:00 п.п.</b> <b>3:00 п.п.</b> <b>8:30 веч.</b>
20 квітня	<b>ВЕЛИКДЕНЬ – ПАСХА</b> Обхід і Служба Божа Служба Божа по Англійськи	<b>8:00 рано</b> <b>10:00 рано</b>
27 квітня	<b>ТОМИНБА НЕДІЛЯ</b> Служба Божа в двох мовах з Мироточивням і роздача Артоса Парафіяльне Свячене	<b>10:30 рано</b> <b>12:00 п.п.</b>

### **Молитва на першу неділю Великого Посту**

Пречистому образу Твоєму поклоняємося, Благий, просячи прощення прогрішень наших, Христе Боже, бо волею благоволив еси плоттю зійти на хрест, щоб ізбавити тих, що їх створив еси, від неволі ворожої. Тому благодарственно кличемо Тобі: Ти радістю сповнив усе, Спасе наш, прийшовши спасти світ.

Не будь недбалій у молитві; не занедбуй давати милостиню. Сир. 7. 10

### **НАМІРЕННЯ МОЛИТОВ І ПОСТУ ВПРОДОВЖ ВЕЛИКОГО ПОСТУ**

Понеділок – за Верховну Раду України і вибори майбутнього Президента України

Вівторок – за новий Уряд України та його успішне служіння

Середа – за українське військо

Четвер – за правоохоронні органи і міліцію

П'ятниця – за поранених на Майдані та їхні родини

Субота – поминання усопших, зокрема загиблих на Майдані

Неділя – за єдність і соборність України

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